

CHRISTIAN COACHES NETWORK INTERNATIONAL

MENTOR COACHING:
What You Want to Know

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For today's resource page
including slides go to:

ChristianCoachingResources.com/mcinfo



MENTOR COACHING

What do you want to know? 😊



What You Want to Know

- What is mentor coaching?
- When is mentor coaching a requirement?
- When is mentor coaching more than a requirement?
- How is mentor coaching experienced?
- What can I expect from mentor coaching?
- Who can be a mentor coach?
- How can I find and choose a mentor coach?



MENTOR COACHING

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What is Mentor Coaching?



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In the 2020 ICF Global Coaching Study, 85% of coaches agreed that clients expect them to be certified or credentialed.

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Five horizontal lines for writing notes.

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83% of consumers who experienced a coaching relationship reported that it was important or very important for coaches to hold a credential, according to the 2017 ICF Global Consumer Awareness Study.

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Five horizontal lines for writing notes.

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Consumers are more likely to recommend a coach who holds a credential than a coach who does not, the 2017 ICF Global Consumer Awareness Study reports.

”



Five horizontal lines for writing notes.

What is Mentor Coaching?

Mentor Coaching for an ICF Credential consists of coaching and feedback in a collaborative, appreciative and dialogued process based on an observed or recorded coaching session to increase the coach's capability in coaching, in alignment with the ICF Core Competencies. Mentoring provides professional assistance in achieving and demonstrating the levels of coaching competency and capability demanded by the desired credential level.

International Coach Federation (ICF)



Core Competency #2 – Embodies a Coaching Mindset

Definition: Develops and maintains a mindset that is open, curious, flexible and client-centered.

- 2.2 Engages in ongoing learning and development as a coach.
- 2.3 Develops an ongoing reflective practice to enhance one's coaching

International Coach Federation (ICF)



When is mentor coaching a requirement?

- Pursuing International Coaching Federation (ICF) credentials
- Pursuing credentials with your coaching education program
- Pursuing credentials with Christian Coaches Network International (CCNI)



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When is mentor coaching **more** than a requirement?

- For ongoing development, growth and learning
- For accountability and to keep skills sharp
- For increased confidence in self
- For increased confidence in the coaching process



How is mentor coaching experienced?

Mentor Coaching should take place over an extended time (three-month minimum) in a cycle that allows for listening and feedback from the Mentor Coach while also allowing reflection and practice on the part of the individual being mentored.

International Coach Federation (ICF)



How is mentor coaching experienced?

- Individual
- Group
- Combination of Group and Individual



What to expect from Mentor coaching?

- Focus on growth aligned with ICF Core Competencies
- Prep for your ICF performance evaluation (recording)
- Prep for your Credentialing exam (CKA - online assessment)
- Mentor coaching credited hours are in synchronous time with your Mentor Coach
- Learn how to evaluate your own recordings



What not to expect from Mentor coaching?

- Your mentor coach cannot tell you that your recording will be successful.
- Mentor coaching should contribute to your success but it should not be expected to ensure your success.



Who can be a Mentor coach?

A qualified Mentor Coach holds a valid ACC, PCC or MCC Credential. Associate Certified Coaches must complete at least one full cycle of their credential (with renewal) before they're eligible to serve as a Mentor Coach for ACC credentialing or credential renewal.*

International Coach Federation (ICF)



How to find and choose a Mentor Coach?

- ICF Mentor Coaching Registry
- CCNI Directory
- Your coaching educational program



How to find and choose a Mentor Coach?

- What qualifications in a mentor coach are important to me?
- What mentor coaching schedule will work for me?
- What will I pay for mentor coaching?
- What format - individual, group or combo - best meets my goals?
- Does this mentor coach feel like a good match for me?



What next?



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Thank you!

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